

FOUNDATION FOR YOUTH ATHLETICS COVID-19 GUIDELINES

Updated - March 26, 2021

- FFY will communicate policies and guidelines to coaches, players and parents, and provide regular updates and reminders.
- FFY will communicate immediately with the local health department in the event of a confirmed COVID-19 case within a team and take the steps outlined in the COVID exposure section of these guidelines.
- FFY will make available resources to coaches should they need them as part of their COVID protection procedures.
- FFY will abide by and help to enforce all State, Local and Federal guidelines.

ARRIVAL & DEPARTURE

- The coaches, players, and parents/spectators participating in FFY Athletics are required to enter and exit the building using the Cherry Street entrance.
- Temperature will be taken upon entering the building and to enter the temperature must **NOT** be above 99.9 degrees.
- It is what many refer to as the “back door” that we recently started unlocking for practices and games/matches.
- You will **NOT** be permitted to enter and exit the building using the Hope Avenue entrance.

COACH GUIDELINES

- Coaches will wear masks when entering and exiting the building, during practice and games.
- Coaches will wear masks anytime they would come within six feet of a player, coach, or parent.
- Coaches are required to attend a coach training prior to the season to review the FFY COVID Safety Policy.

PLAYER GUIDELINES

- Players will wear masks when entering and exiting the building.
- Players will wear masks when they are not playing in the game and sitting on the bench.
- Players do not have to wear masks during practice, warm-ups and games.
- Players do not have to wear masks while consuming water.
- Players with fever, cough, or other symptoms of respiratory illness are not permitted to practice.
- Players that have family members with fever, cough, or other symptoms of respiratory illness are not permitted to practice.
- Players are asked to use hand sanitizer before and after practice.
- Players should not be congregating in the gymnasiums, hallways, parking lot, before or after practices and games.

EQUIPMENT GUIDELINES

- We are encouraging all participants to bring their own basketball or volleyball for practice.
- We will provide basketballs and volleyballs for those who do not bring their own.
- We will disinfect basketballs and volleyballs at the end of each night.

PARENT/SPECTATOR GUIDELINES

- **Grades K-2 Basketball League**
 - The basketball practices/games are limited to **two** spectators per child.
- **Grades K-8 Volleyball League**
 - The volleyball practices/matches are limited to **two** spectators per child.
- **Grades 3-12 Basketball League:**
 - The basketball practices are **closed to the public**.
 - The basketball games are limited to **two** spectators per child.
- We ask all individuals who are 65 and above or who have an underlying at-risk health condition to stay home.
- Spectators are required to wear masks when entering and exiting the building.
- We ask only family members living in the same home should be sitting closer than required by the social distancing protocol when attending games and practices.
- Spectators are required to wear their masks when sitting in their designated viewing area.
- Parents should model proper behavior (masks, social distancing, and following FFY guidelines).
- Parents should keep their child at home if player or another family member has fever, cough, or other symptoms of respiratory illness.
- Parents should communicate with FFY Athletic Director if player or another family member has fever, cough, or other symptoms of respiratory illness.
- Parents remind your child to use hand sanitizer before and after practice.
- Parents remind your child to child wears mask when not actively training before and after practice.
- Parents should not be congregating in the gymnasiums, hallways, parking lot, before or after practices and games.
- There will be **NO** team refreshments allowed post-games by parents/coaches until further notice.

COVID-19 EXPOSURE

- We are asking parents/guardians to contact FFY Athletic Director immediately if a player or member of the same household as the player, tests positive for COVID-19, or is quarantining due to exhibiting COVID symptoms or being around someone who has tested positive,
- FFY Athletic Director will notify all households on the team if there is a positive case on the team and opposing teams played during the period of exposure will also be notified.