

Foundation For Youth | Grades 1-8 Volleyball League Rules

The volleyball league at FFY is a recreational league and all players should play equally.

SERVING

- Grades 1-4 Division: The players need to serve behind the red line.
- Grades 5-8 Division: The players need to serve behind the free throw line.
- A player is given a second serve if they miss their first serve.
- The other team is awarded a point and the ball if they miss the second serve.
- The ball is awarded to the other team anytime a player has served for 5 straight points.
- A ball that strikes the net and goes over is in play.

SCORING

- A point is awarded on every serve (rally scoring).
- The best 2 out of 3 games constitutes a match.
 - The first two games are played to 21 win by 2 or 25 straight up.
 - The third game is played to 15 win by 2 or 21 straight up.
- The teams will always play the third game regardless of who won the first two games.

GENERAL

- You must rotate before each time you serve.
- The players may not strike the ball twice in a row.
- A ball that strikes the ceiling, lights, rafters, walls, or basketball goals and returns to your side are playable.
- A ball that hits any of the aforementioned and goes to the opponent's side is out.
- A ball striking any line is considered in.
- Coaches are not allowed on the court during live play.
- Coaches are allowed two (2) one minute time outs per game.
- **The bench is for team players and coaches only.**
 - We ask parents and siblings to sit in the bleachers.
- A player can't wear jewelry during practice or games.
- You must wear tennis shoes during practices and games.
 - You will not be allowed to play without proper shoes.