

UPDATED FFY POOL Schedule for Sign-up for Sept.11-Oct. 2

Please review the times available and send your request through REMIND, or text 812-371-8877. Provide your name, date(s) and time. If you are scheduling for more than yourself, please provide the person(s) name. All patrons will be scheduled in the order as the request is received and MUST be received no later 4pm day of the swim, advanced registrations are greatly appreciated! To provide swimming opportunities to everyone, a maximum of 3 requests per week will be honored. There are many COVID_19 guidelines we must follow, YOUR cooperation is greatly appreciated...THANK YOU!!

	Sept. 14,21,28	Sept. 15,22,29	Sept. 16,23,30	Sept. 17,24 Oct. 1	Sept. 18,25 Oct. 2
Scheduled times	MONDAY's	TUESDAY's	WEDNESDAY's	THURSDAY's	FRIDAY's
5:00pm-5:45pm	<u>Dotty's Swim</u> (shallow end) and <u>Water Aerobics</u> (deep end) Combined Maximum 28 people.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Dotty's Swim</u> (shallow end) and <u>Water Aerobics</u> (deep end) Combined Maximum 28 people.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (3 lanes) 1 person per lane, 2 from same household can share a lane. <u>Water Aerobics</u> (2 open lanes, Maximum 23 people.)
5:45pm-6:30pm	<u>Dotty's Swim</u> (shallow end) and <u>Water Aerobics</u> (deep end) Combined Maximum 28 people.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Dotty's Swim</u> (shallow end) and <u>Water Aerobics</u> (deep end) Combined Maximum 28 people.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (3 lanes) 1 person per lane, 2 from same household can share a lane. <u>Water Aerobics</u> (2 open lanes, Maximum 23 people.)
6:30pm-7:15pm	<u>Master's Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (3 lanes) 1 person per lane, 2 from same household can share a lane. <u>Water Aerobics</u> (2 open lanes, Maximum 23 people.)
7:15pm-8:00pm	<u>Master's Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (5 lanes) 1 person per lane, 2 from same household can share a lane.	<u>Lap Swim</u> (3 lanes) 1 person per lane, 2 from same household can share a lane. <u>Water Aerobics</u> (2 open lanes, Maximum 23 people.)

Foundation For Youth is a multifunctioning facility. The following safety GUIDELINES will be implemented during POOL HOURS.

1. ENTER ONLY at the Cherry Street door, east side of building. (The main entrance on Hope Ave. is CLOSED to the public)
2. To enter and exit the building please WEAR a FACE COVERING. **DO NOT WEAR THE FACE COVERING WHILE SWIMMING!**
3. Health and Fitness staff will greet you upon your arrival to begin the screening and check-in process.
4. You will complete a screening process before entering the pool deck: complete and sign the liability waiver, non-contact temperature check and answer brief questions. (this is required by Foundation for Youth)
5. If you show symptoms of COVID_19 or your temperature is higher than 99.9 degrees you will be asked to return home and encouraged to seek medical assistance.
6. At check-in, state your name (last and first) and show your PASS. If you do not have a PASS with you, provide your PASS number.
7. Please arrive no more than 15 minutes prior to your scheduled time.
8. For the first scheduled session arrive with swim wear under your street clothes. Plan to leave all personal items on the pool deck.
9. A temporary dry change area is available in the pool closet. Toilets and dry change areas in the locker rooms will be available around 6:15pm. SHOWERS will be CLOSED during this time. Please DO NOT attempt to use the showers.
10. Accept responsibility for your wellbeing and be respectful of others- keep a safe distance (6'), wash hands, DO NOT spit in the gutter, cover your mouth when coughing or sneezing and do not congregate in doorways.
11. All equipment used will be wiped off after each use. (kick boards, aqua belts, etc).

The objective of FFY is to provide a safe and healthy environment for all. Thank you for your cooperation.